

At Linacre our PSHE Programme Votes for schools includes lessons on ALL aspects of compulsory Relationships Education and most aspects of Health Education for children in Key Stage 1 and 2 (does not include basic first aid and changing adolescent body-covered in science).

Each week the children are presented with a question related to an aspect of relationships or health education e.g. is screen time bad for your mental health? Children will be provided with information and different viewpoints to allow them to debate and form their own opinions.

Please see below the themes and overarching objectives that Votes for schools covers.

Themes	Health and wellbeing	Relationships	Living in the wider world
PSHE curriculum (Taken from the PSHE Association's 2017 Programme of Study)	<ul style="list-style-type: none"> • What is meant by a healthy lifestyle. • How to maintain physical, mental and emotional health and wellbeing. • How to manage risks to physical and emotional health and wellbeing. • Ways of keeping physically and emotionally safe. • About managing change, such as puberty, transition and loss. • How to make informed choices about health and wellbeing and to recognise sources of help with this. • How to respond in an emergency. • To identify different influences on health and wellbeing. 	<ul style="list-style-type: none"> • How to develop and maintain a variety of healthy relationships, within a range of social/cultural contexts. • How to recognise and manage emotions within a range of relationships. • How to recognise risky or negative relationships, including all forms of bullying and abuse. • How to respond to risky or negative relationships and ask for help. • How to respect equality and diversity in relationships. 	<ul style="list-style-type: none"> • About respect for self and others and the importance of responsible behaviours and actions. • About rights and responsibilities as members of families, other groups and ultimately as citizens. • About different groups and communities. • To respect diversity and equality and how to be a productive member of a diverse community. • About the importance of respecting and protecting the environment. • About where money comes from, keeping it safe and the importance of managing it effectively. • The part that money plays in people's lives. • A basic understanding of enterprise.

